

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
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				B – Muffin, apples S – Cheese and crackers L – Pineapple chicken, rice, peas, grapes, cucumbers S – Trail Mix
4	5	6	7	8
B – Yogurt, berries, granola S- Apples and cheese L – Turkey burger, fries, pears & peaches S- Carrots, cucumbers, hummus	B – Cereal, banana S – Quesadilla L – Baked chicken bites, quinoa, cucumbers, peas, grapes S – Trail Mix	B – Green eggs, ham, berries S – Cottage cheese, peaches L – Mini-Pizza, olives, apples, broccoli S – Carrots, cucumbers, hummus	B – Eggs, toast, oranges S- Crackers, cream cheese, cucumbers L – Gr. Cheese, tomato soup, broccoli, pears, applesauce S- Popcorn, raisins	B – English Muffin, banana S – Rice cake, sunbutter, raisins L – Turkey taco, rice, beans oranges, apples S – Cottage cheese, pineapple
11	12	13	14	15
B – Oatmeal, berries S – Rice cake, sun butter, raisins L – Spaghetti, peas, apples, celery S – Apples and cheese	B – Sausage, oranges, toast S – Popcorn, raisins L – Lentils, rice, red peppers, apples, carrots S – Trail mix	B – Cereal, banana S – Apples, sun butter L – Turkey wrap, grapes, celery, cauliflower S- Chips and salsa	B – Hashbrowns, eggs, oranges S – Strawberry, cream cheese sandwich L – Chicken noodle soup, wh. wheat roll, apples, peas S – Carrots, cucumbers hummus	B – Muffin, apples S – Cheese and crackers L – Pineapple chicken, rice, peas, grapes, cucumbers S – Trail Mix
18	19	20	21	22
B – Yogurt, berries, granola S- Apples and cheese L – Turkey burger, fries, pears & peaches S- Carrots, cucumbers, hummus	B – Cereal, banana S – Quesadilla L – Baked chicken bites, quinoa, cucumbers, peas, grapes S – Trail Mix	B – Pancakes, berries S – Cottage cheese, peaches L – Mini-Pizza, olives, apples, broccoli S – Carrots, cucumbers, hummus	B – Eggs, toast, oranges S- Crackers, cream cheese, cucumbers L – Gr. Cheese, tomato soup, broccoli, pears, applesauce S- Popcorn, raisins	B – English Muffin, banana S – Rice cake, sunbutter, raisins L – Turkey taco, rice, beans oranges, apples S – Cottage cheese, pineapple
25	26	27	28	29
B – Oatmeal, berries S – Rice cake, sun butter, raisins L – Spaghetti, peas, apples, celery S – Apples and cheese	B – Sausage, oranges, toast S – Popcorn, raisins L – Lentils, rice, red peppers, apples, carrots S – Trail mix	NO SCHOOL!	NO SCHOOL!	NO SCHOOL!