


# June 2019

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p><b>B</b> – Oatmeal, berries  <b>S</b> – Cottage cheese, peaches  <b>L</b> – Spaghetti, peas, apples, celery  <b>S</b> – Oranges and cheese</p>	<p><b>B</b> – Sausage, oranges, toast  <b>S</b> – Popcorn, raisins  <b>L</b> – Lentils, rice, red peppers, pears, carrots  <b>S</b> – Crackers, cream cheese, cucumbers</p>	<p><b>B</b> – Cereal, banana  <b>S</b> – Apples, sun butter  <b>L</b> – Tuna sandwich, fries, grapes, celery, cauliflower  <b>S</b> – Rice Cake, sunbutter, raisins</p>	<p><b>B</b> – Hashbrowns, eggs, oranges  <b>S</b> – Quesadilla  <b>L</b> – Chicken noodle soup, wh. wheat roll, applesauce, peas  <b>S</b> – Carrots, cucumbers hummus</p>	<p><b>B</b> – Smoothie, almonds  <b>S</b> – Cheese and crackers  <b>L</b> – Sub Sandwich, chips, apple, orange  <b>S</b> – Trail Mix</p> <p style="text-align: center;"><b>FAMILY LUNCHEON!</b></p>
10	11			
<p><b>B</b> – Yogurt, berries, granola  <b>S</b> – Apples and cheese  <b>L</b> – Turkey burger, fries, pears &amp; peaches  <b>S</b> – Carrots, cucumbers, hummus</p>	<p><b>B</b> – Cereal, banana  <b>S</b> – Quesadilla  <b>L</b> – Baked chicken bites, quinoa, red peppers, peas, grapes  <b>S</b> – Trail Mix</p> <p style="text-align: center;"><b>LAST DAY OF SCHOOL TERM!</b></p>			
 <p style="font-size: 2em; color: purple;">Have a good summer!</p>				