

**Level Up Preschool Menu
June 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
No School Summer Break	No School Summer Break	No School Summer Break	No School Summer Break	No School Summer Break
8	9	10	11	12
No School Prep for Summer Camp	No School Prep for Summer Camp	No School Prep for Summer Camp	No School Prep for Summer Camp	No School Prep for Summer Camp
15	16	STEM WK: AM Snack & Lunch 17	18	19
B - Oatmeal, blueberries S - Fruit & cheese tray L - Quesadilla, beans, cucumbers, oranges S - Amy's blueberry energy balls	B - Pancakes, strawberries S - Fruit pizza L - Spaghetti, bread sticks, peas, apples S - Level Up sweet trail mix	B - Mini bagels, apples S - Build-A-Snack! L - Street Taco Construction Site! (tortilla, beef, beans, cheese, olives) S - Homemade no-bake cereal bars	B - Cereal, bananas S - Veggie flatbread L - Pita pizza, olives, pineapple, cucumbers S - Level Up savory trail mix	B - Applesauce muffins, apples S - Pickle & cheese tray L - Lemon butter chicken, green beans, rice, apples S - Manderine orange, crackers
22	23	SPACE WK: AM Snack & Lunch 24	25	26
B - Cereal, bananas S - Cottage cheese, peaches L - Grilled cheese, tomato soup, celery, apples, grapes S - Amy's apple energy balls	B - Eggs, potatoes, oranges S - Apples, cheese, crackers L - Parmesan chicken bites, tots, cucumbers, applesauce S - Level Up sweet trail mix	B - Yogurt, granola, berries S - Moon Rocks! L - Meteorite Meatballs! (bbq sauce, rice, broccoli, pears) S - Homemade granola bars	B - French toast sticks, oranges S - Ants on a cream cheese log L - InstantPot mac-n-cheese, bell peppers, cucumbers, peaches S - Level Up savory trail mix	B -Banana muffins, bananas S - Applesauce, cinnamon sticks L - Tuna sandwich, pickles, apples, celery S - Manderine orange, crackers
29	30			
B - Oatmeal, blueberries S - Fruit & cheese tray L - Quesadilla, beans, cucumbers, oranges S - Amy's banana energy balls	B - Pancakes, strawberries S - Fruit pizza L - Spaghetti, bread sticks, peas, apples S - Level Up sweet trail mix		*Each meal/snack is served with low-fat unflavored milk or water *all grains are whole-grain rich	

