

**Level Up Preschool Menu
September 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
NO SCHOOL!	B - Croissant, oranges S - Apples, cheese, crackers S - Level Up trail mix	B - Mini muffin, string cheese S - Goldfish crackers, dried fruit S - Veggie chips	B - Yogurt, banana S - Cheese and crackers S - Level Up trail mix	B - Cereal, oranges S - Pretzels, pickles S - Goldfish crackers, dried fruit
7	8	9	10	11
NO SCHOOL!	B - Yogurt, berries S - Apples, crackers S - Level Up trail mix	B - Cereal, bananas S - Rice cakes, dried fruit S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish crackers, string cheese S - Level Up trail mix	B - Bagel, apples S - Cheese and pretzels S - Manderine orange, graham crackers
14	15	16	17	18
B - Cereal, bananas S - Pickles, cheese, crackers S - Graham crackers, raisins	B - Croissant, oranges S - Apples, cheese, crackers S - Level Up trail mix	B - Mini muffin, string cheese S - Goldfish crackers, dried fruit S - Veggie chips	B - Yogurt, banana S - Cheese and crackers S - Level Up trail mix	B - Cereal, oranges S - Pretzels, pickles S - Goldfish crackers, dried fruit
21	22	23	24	25
B - Strawberry, cream cheese sandwich S - Turkey, cheese, crackers S - Pretzels, oranges	B - Yogurt, berries S - Apples, crackers S - Level Up trail mix	B - Cereal, bananas S - Rice cakes, dried fruit S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish crackers, string cheese S - Level Up trail mix	B - Bagel, apples S - Cheese and pretzels S - Manderine orange, graham crackers
28	29	30		
B - Cereal, bananas S - Pickles, cheese, crackers S - Graham crackers, raisins	B - Croissant, oranges S - Apples, cheese, crackers S - Level Up trail mix	B - Mini muffin, string cheese S - Goldfish crackers, dried fruit S - Veggie chips		