


**Level Up Preschool Menu
October 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			B - Yogurt, banana S - Cheese and crackers S - Level Up trail mix	B - Cereal, oranges S - Pretzels, pickles S - Goldfish crackers, dried fruit
5	6	7	8	9
B - Strawberry, cream cheese sandwich S - Applesauce, crackers S - Pretzels, oranges	B - Yogurt, berries S - Apples, crackers S - Level Up trail mix	B - Cereal, bananas S - Rice cakes, dried fruit S - Cheese and crackers **EARLY RELEASE DAY**	B - Mini muffin, oranges S - Goldfish crackers, string cheese S - Level Up trail mix	B - Bagel, apples S - Cheese and pretzels S - Manderine orange, graham crackers
12	13	14	15	16
B - Cereal, bananas S - Cheese, crackers S - Graham crackers, raisins	B - Croissant, oranges S - Apples, cheese S - Level Up trail mix	B - Mini muffin, string cheese S - Goldfish crackers, dried fruit S - Veggie chips, raisins	B - Yogurt, banana S - Cheese and crackers S - Level Up trail mix	B - Cereal, oranges S - Pretzels, applesauce S - Goldfish crackers, dried fruit
19	20	21	22	23
B - Strawberry, cream cheese sandwich S - Applesauce, crackers S - Pretzels, oranges	B - Yogurt, berries S - Apples, crackers S - Level Up trail mix	B - Cereal, bananas S - Rice cakes, dried fruit S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish crackers, string cheese S - Level Up trail mix	B - Bagel, apples S - Cheese and pretzels S - Manderine orange, graham crackers
26	27	28	29	30
B - Cereal, bananas S - Cheese, crackers S - Graham crackers, raisins	B - Croissant, oranges S - Apples, cheese S - Level Up trail mix	B - Mini muffin, string cheese S - Goldfish crackers, dried fruit S - Veggie chips, raisins	B - Yogurt, banana S - Cheese and crackers S - Level Up Halloween trail mix 	NO SCHOOL! PD DAY!