


**Level Up Preschool Menu
November 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
B - Cottage cheese, peaches S - Applesauce, crackers S - Pretzels, carrots	B - Yogurt, berries S - Cucumbers, crackers S - Level Up trail mix	B - Cereal, bananas S - Rice cakes, fruit leather S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish crackers, carrots S - Level Up trail mix	B - Bagel, apples S - Cheese and pretzels S - Manderine orange, graham crackers
9	10	11	12	13
B - Cereal, bananas S - Cucumbers, crackers S - Graham crackers, raisins	B - Croissant, oranges S - Apples, yogurt S - Level Up trail mix	B - Mini muffin, string cheese S - Goldfish, blueberries S - Veggie chips, raisins **EARLY RELEASE DAY**	B - Turkey sausage, apples S - Cheese and crackers S - Level Up trail mix	B - Cereal, oranges S - Pretzels, applesauce S - Goldfish crackers, raisins
16	17	18	19	20
B - Cottage cheese, peaches S - Applesauce, crackers S - Pretzels, carrots	B - Yogurt, berries S - Cucumbers, crackers S - Level Up trail mix	B - Cereal, bananas S - Rice cakes, fruit leather S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish crackers, carrots S - Level Up trail mix	B - Bagel, apples S - Cheese and pretzels S - Manderine orange, graham crackers
23	24	25	26	27
B - Cereal, bananas S - Cucumbers, crackers S - Graham crackers, raisins	B - Croissant, oranges S - Apples, yogurt S - Level Up trail mix	PD Day NO SCHOOL	FALL BREAK NO SCHOOL 	FALL BREAK NO SCHOOL
30	December 1	2	3	4
B - Cottage cheese, peaches S - Applesauce, crackers S - Pretzels, carrots	B - Yogurt, berries S - Cucumbers, crackers S - Level Up trail mix	B - Cereal, bananas S - Rice cakes, raisins S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish crackers, carrots S - Level Up trail mix	B - Bagel, apples S - Cheese and pretzels S - Manderine orange, graham crackers