



**Level Up Preschool Menu
March 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
B - French toast sticks, berries S - Applesauce, crackers S - Pretzels, cheese	B - Yogurt, english muffin S - Cucumbers, crackers S - Level Up trail mix 	B - Cereal, banana S - Rice cakes, fruit leather S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish crackers, carrots S - Level Up trail mix	B - Bagel, apples S - Cheese and pretzels S - Manderine orange, graham crackers
8	9	10	11	12
B - Cereal, banana S - Cucumbers, crackers S - Graham crackers, raisins	B - Croissant, oranges S - Apples, yogurt S - Level Up trail mix	B - Mini muffin, string cheese S - Goldfish, blueberries S - Veggie chips, raisins	B - Oatmeal, apples S - Cheese and crackers S - Level Up trail mix	B - Bacon, toast, oranges S - Pretzels, applesauce S - Goldfish crackers, raisins
15	16	17	18	19
B - French toast sticks, berries S - Applesauce, crackers S - Pretzels, cheese	B - Yogurt, english muffin S - Cucumbers, crackers S - Level Up trail mix	B - Cereal, banana  S - Rice cakes, fruit leather S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish crackers, carrots S - Level Up trail mix	B - Bagel, apples S - Cheese and pretzels S - Manderine orange, graham crackers
22	23	24	25	26
B - Cereal, banana S - Cucumbers, crackers S - Graham crackers, raisins	B - Croissant, oranges S - Apples, yogurt S - Level Up trail mix	B - Mini muffin, string cheese S - Goldfish, blueberries S - Veggie chips, raisins	B - Oatmeal, apples S - Cheese and crackers S - Level Up trail mix	B - Bacon, toast, oranges S - Pretzels, applesauce S - Goldfish crackers, raisins
29	30	31		
B - French toast sticks, berries S - Applesauce, crackers S - Pretzels, cheese	B - Yogurt, english muffin S - Cucumbers, crackers S - Level Up trail mix			

