

**Level Up Preschool Menu  
July 2021**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
B - Cereal, berries S - Strawberries, crackers S - Graham crackers, applesauce	B - Croissant, oranges S - Pretzels, applesauce S - Rice cakes, fruit leather	B - Mini muffin, peaches S - Goldfish, apples S - Veggie chips, cheese	B - Bagel, apples S - Cheese and crackers S - Pretzels, strawberries	B - Bacon, toast, oranges S - Apples, yogurt S - Level Up Trail Mix
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
B - French toast sticks, berries S - Applesauce, crackers S - Level Up trail mix	B - Yogurt, granola, strawberries S - Apples, crackers S - Veggie chips, cheese	B - Cereal, blueberries S - Rice cakes, fruit leather S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish, apples S - Yogurt, pretzels	B - Bagel, peaches S - Cheese and pretzels S - Applesauce, graham crackers
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
B - Cereal, berries S - Strawberries, crackers S - Graham crackers, applesauce	B - Croissant, oranges S - Pretzels, applesauce S - Rice cakes, fruit leather	B - Mini muffin, peaches S - Goldfish, blueberries S - Veggie chips, cheese	B - Bagel, apples S - Cheese and crackers S - Pretzels, strawberries	B - Bacon, toast, oranges S - Apples, yogurt S - Level Up Trail Mix