

**Level Up Preschool Menu
September 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
CLOSED	CLOSED	B - Mini muffin, peaches S - Goldfish, apples S - Veggie chips, cheese	B - Bagel, apples S - Strawberries, crackers S - Pretzels, applesauce	B - Bacon, toast, oranges S - Apples, graham crackers S - Level Up Trail Mix
6	7	8	9	10
CLOSED	B - Yogurt, granola, strawberries S - Apples, crackers S - Veggie chips, applesauce	B - Cereal, blueberries S - Rice cakes, fruit leather S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish, apples S - Yogurt, pretzels	B - Bagel, peaches S - Cheese and pretzels S - Applesauce, graham crackers
13	14	15	16	17
B - Cereal, berries S - Strawberries, crackers S - Graham crackers, applesauce	B - Croissant, oranges S - Pretzels, yogurt S - Rice cakes, fruit leather	B - Mini muffin, peaches S - Goldfish, apples S - Veggie chips, cheese	B - Bagel, apples S - Strawberries, crackers S - Pretzels, applesauce	B - Bacon, toast, oranges S - Apples, graham crackers S - Level Up Trail Mix
20	21	22	23	24
B - French toast sticks, berries S - Cheese, crackers S - Level Up trail mix	B - Yogurt, granola, strawberries S - Apples, crackers S - Veggie chips, applesauce	B - Cereal, blueberries S - Rice cakes, fruit leather S - Cheese and crackers	B - Mini muffin, oranges S - Goldfish, apples S - Yogurt, pretzels	B - Bagel, peaches S - Cheese and pretzels S - Applesauce, graham crackers
27	28	29	30	October 1
B - Cereal, berries S - Strawberries, crackers S - Graham crackers, applesauce	B - Croissant, oranges S - Pretzels, yogurt S - Rice cakes, fruit leather	B - Mini muffin, peaches S - Goldfish, apples S - Veggie chips, cheese	B - Bagel, apples S - Strawberries, crackers S - Pretzels, applesauce	B - Bacon, toast, oranges S - Apples, graham crackers S - Level Up Trail Mix